

Membership Regulations

The Membership Grades of *The Association of Hypnotherapy & Stress Management* are: **Licentiate (LAHSM)**, **Member (MAHSM)** and **Fellow Member (FAHSM)**. All such members are expected to abide by the *Code of Conduct, Ethics and Performance* adopted by the *Association* and *The Complementary & Natural Healthcare Council*.

1. LICENTIATE (LAHSM): Open to those who *are following* a programme of academic and vocational training in hypnotherapy and/or stress management leading to a qualification recognised in terms of hours of study, curriculum and national occupational standards by the *AHSM* and the *CNHC*, and who have satisfied the following *criteria*:

- no disciplinary or grievance hearing pending;
- professional liability insurance certificate in place for at least £2 million;
- Association registration fee paid, with a commitment to pay the annual subscription either by monthly standing order, or by annual bank transfer or cheque;
- recommended for Licentiate Status by a recognised hypnotherapy training school and the Association Membership Secretary.

In addition, in order to maintain membership status, a Licentiate is required to have a personal stress audit every six months, and is expected to participate in professional networking and continuing professional development.

2. MEMBER (MAHSM): Open to those who *have completed* a programme of academic and vocational training in hypnotherapy and/or stress management leading to a qualification recognised in terms of hours of study, curriculum and national occupational standards by the *AHSM* and the *CNHC*, and who have satisfied the following *criteria*:

- minimum of one year in practice following the completion of a programme of academic and vocational training;
- minimum number of fifty clients having started a programme of therapy, supported by documentary evidence;
- minimum number of thirty clients having shown a case gain during the programme of therapy, supported by documentary evidence;
- no disciplinary or grievance hearing pending;
- professional liability insurance certificate in place for at least £2 million;
- Association annual subscription paid;
- recommended for Member Status by Association Membership Secretary.

Secretary: Peter Matthews, 10 Wimborne Avenue, Chadderton, Oldham OL9 0RN

T: 0161 652 2284 E: info@ahsm.org.uk W: www.ahsm.org.uk

In addition, in order to maintain Member Status, a Member is required to have a personal stress audit every six months, and is expected to participate in professional networking and continuing professional development.

3. FELLOW MEMBER (FASHM): Open to those who *have completed* a programme of academic and vocational training in hypnotherapy and/or stress management leading to a qualification recognised in terms of hours of study, curriculum and national occupational standards by the *AHSM* and the *CNHC* and who have satisfied the following *criteria*:

- minimum of five years in practice following the completion of a programme of academic and vocational training;
- minimum number of two hundred clients having started a programme of therapy, supported by documentary evidence;
- minimum number of one hundred and twenty clients having shown a case gain during the programme of therapy, supported by documentary evidence;
- no disciplinary or grievance hearing pending;
- professional liability insurance certificate in place for at least £2 million;
- Association annual subscription paid;
- recommended for Fellow Member Status by Association Membership Secretary.

In addition, in order to maintain Fellow Member Status, the Fellow Member is required to have a personal stress audit every six months and is expected to participate in professional networking and continuing professional development. It is also expected that Fellow Members may be consulted, on an occasional basis, by Licentiates and Members about professional matters.

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